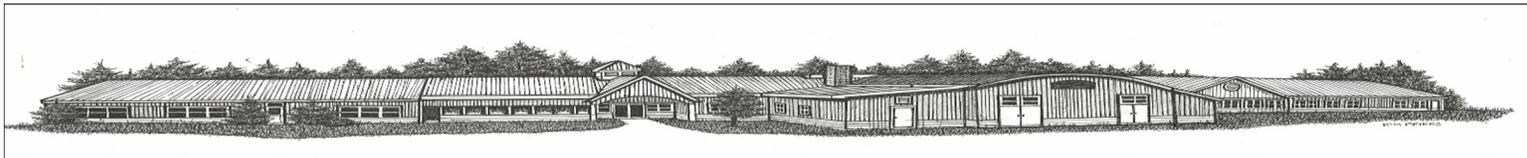


Monkton Central School

1036 Monkton Road
No. Ferrisburg, VT 05473
Phone: 453-2314 Fax: 453-6123
www.monktoncentral.org
Betsy Knox, Principal



January 10, 2020—Newsletter #16

Happenings

| | |
|-----------|---|
| Jan. 20 | Martin Luther King Day, no school |
| Jan. 21 | Professional Development Day, no school |
| Jan. 22 | PTO Meeting, 7:00 |
| Feb. 5 | Early Release Day, 11:50 dismissal |
| Feb 17-21 | Winter Break |



Dear Families,

Happy New Year! It feels good to be back into our school day routine. We know schedules and routines are helpful for students. I think they are helpful for adults as well.

This fall my family and I went through a traumatic medical experience with my husband. This experience caused me to reflect on my work as a building principal and my commitment to my family. As a result of this reflection, I have submitted my letter of resignation to Superintendent Reen, effective June 30, 2020. It is my hope that given the timing of this resignation MAUSD will find an ideal candidate to follow in my footsteps. I will begin to seek other educational opportunities for next school year. This has not been an easy decision for me, but I know in my heart that it is the right decision for me and my family. I am grateful for the friendship and support I have received from our Monkton families and the community over the last six years. Teachers shared this information with the students today.

This week, Ms. O'Sullivan's class facilitated our All School Meeting for the month of January. Students presented about kids who have made a difference in the world, complete with a slide show.

Our Farming in Monkton Writing Contest 2020 is underway! On Thursday we had several local Monkton farmers visit MCS to talk about their products, life as a farmer, and their work in the community. Thank you to Jill Koppel (New Leaf Organics), Jessika Yates (Yates Family Orchard), Heather and Dylan Layn (Layn Farms), Eugenie Doyle (Last Resort Farm), and Marc Beapre (beekeeper). The writing contest is voluntarily and we are hoping many of our students participate.

On Friday, January 17, we will have law enforcement, fire department, first responders, and MCS staff working together on a practice exercise to respond to "What to do if...". If you drive by MCS that morning and see several service vehicles, please don't be alarmed, as we are engaged only in conversation...not in a drill.

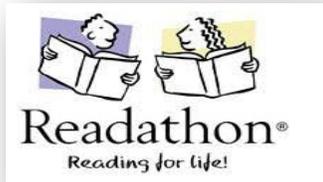
Enjoy the weekend.

Sincerely,

Betsy

A belated thank you to Heidi Hotmer for preparing fun MCS PAWS ornaments for every student. What a nice memento of our school for the holiday. Thank you Heidi for your hard work.





We are already starting to enter the planning stages for our March Read-a-thon PTO Fundraiser and are looking for any parents who might be interested in being part of the committee that plans the dates, events, and activities. It would involve a committee meeting in the next few weeks along with group email discussions throughout the Read-a-thon as needed to coordinate details. We are also looking for someone who might be willing to co-coordinate and learn about organizing the Read-a-thon in hopes that they might take on the role as lead organizer next year. If you are interested in either being on the committee or being a co-coordinator, please contact Anna Lester at alester@smcvt.edu We would love to have help in the planning all the wonderful activities for the Read-a-thon!

Anna Lester

K-2 Basketball

Anyone who has a kindergartner, first grader, or second grader interested in playing basketball is welcome to attend our seminars on Saturdays from 9:30 to 10:30 AM in the Monkton Central School gym. Seminars are free and will run every Saturday through February 8, 2020. If you have questions, contact John Zaikowski at 802-249-7994 or jzaikowski@gmavt.net.



Recess Discussion



In the past couple of weeks MCS staff initiated a conversation with a group of students from grades 3-6 to discuss how to make recess time an even better experience. The group met two separate times and a lot of ideas were generated. It was great to see how these students were thoughtful and respectful during these conversations. From this student conversation we are renewing our focus on the following practices:

- including all students in games
- encouraging equal competition—with an adult choosing the teams
- being consistent with our behavior expectations.

We know that by doing this we can keep improving recess experiences for our students. We anticipate that we will be meeting again in the future with interested students to get new ideas on how to continue to make MCS a great place to be.

Bill Huggett
(Social-Emotional Learning Coach @ MCS)
Ms. Roberta
(Grade 3-6 Recess Coordinator)
Mr. Irish
(Recess Support)

PTO Update:

A special thank you to everyone who volunteered for the annual Holiday Bazaar. It was a wonderful event and we saw many smiles that day.

We hope you enjoyed a relaxing holiday break with family and friends.

Our next PTO meeting will be on a different day this month due to the MLK holiday. The January meeting will be scheduled for **WEDNESDAY, January 22, at 7 pm** at the school.

Katrina E. Roberts



Please Check One or Two Options Below:

▣ Move It & Groove It! (Grades K-6 Monday & Friday)

Does hearing music make you want to get out of your chair and dance? Have you ever wanted to dance in a flash mob? Can you whip and nae nae? Would you like to invent your own all original dance move? Are you interested in creating your own movement music video? Dancers in this workshop will learn a vast variety of dance styles as well as create their own!! In our final culminating project, dancers will be able to invent, perform, and record their individual or group dance move or routine to music! Limit: 10

Academic Enrichment Leader: Nicole Grzywna is a native Vermonter currently living in Bristol. Nicole attended the University of Vermont, where she graduated with a degree in Physical Education and a minor in Coaching, and of course...SHE LOVES TO DANCE!!!

▣ Monkton Radio Station! (Grades 2-6 Tuesday ONLY)

Have you always wondered who is behind the voice on the radio? How their voice is heard by so many people? Well, here is your opportunity to be that voice! Shawn Kimball will work with students to find out what happens behind the radio we all listen to and jam out to during our daily commutes, morning wake-ups, and dance parties. We will learn about radio frequencies, complete radio productions, and be the voice of MCS!!! Tune in and turn us up! Limit:11

Academic Enrichment Leader: Shawn Kimball is passionate about all things lights, camera, and action! He has been behind the lights, behind the camera, and the voice for many years and would love to share his skills with you! Shawn is one of our ELP after school coordinators at MCS.

▣ Yearbook! (Grades 5-6 Thursday UNTIL 5:00)

Do you want to make a mark on Monkton Central School's history? Come and help with the yearbook! You will learn how to layout, design, and complete a finished yearbook to capture all of our 2019-2020 school year memories. Students will get hands-on experience, have responsibilities, and learn how to manage time and meet deadlines. This will be fast paced and super fun! Make your mark! Limit: 10

Academic Enrichment Leader: Chris Bergeron has been working at Dealer.com in Burlington for 12 years and has used his expertise in the design and marketing to support all of their business needs. He loves staying active through soccer, running, and being with his two dogs. He is very excited to teach students about this amazing medium of design.

▣ Yoga & Hiking! (Grades K-2) Thursday (Grades 3-6) Tuesday

Yoga and Winter Hikes - This program is designed to introduce your child to yoga in a fun and playful environment. Your child will learn about body awareness through building strength, increasing flexibility, breathing techniques to help regulate emotions, and mindfulness. Students in this ELP will have the opportunity to take winter hikes in the snow! Limit:10

Academic Enrichment Leader: Lisa has recently found home in Monkton, Vermont after spending several years exploring the lakes and mountains of Western Montana and the Panhandle of Idaho. She became a yoga teacher in 2012 after a career as an Environmental Educator and working with at-risk youth. She has taught Hatha yoga in fitness centers, yoga studios, and music festivals. Lisa enjoys taking yoga classes, exploring hiking trails with her children, cooking soups, reading, and live music.



2019-2020 ELP **WORKSHOP** Registration Form-Office Form-Page 2 of 4

Return To Your School Office:

- 2019-2020 ELP Registration Form (Page 1 & 2)
- This session Workshop Sign-Up form (Pages 3 & 4)
- A NOTE GRANTING PERMISSION FOR YOUR STUDENT TO STAY AFTER SCHOOL FOR ELP. Sent/mailed to Cindy Castle in our main office. You may grant permission for the entire session in one note.
- Financial Contribution-Checks must be written to 'MAUSD' (If your family is experiencing any limiting economic hardships, please contact your director and we can make sure your child is able to participate.)

All contributions are used directly for the programming costs. Please select a financial contribution that is right for your family.

If you are already enrolled in ELP after-school enriching care, and have enrolled in a workshop session one, workshops are offered at no additional cost (it is part of the \$16 per day, \$11 per day for sibling(s))

• If you intend to have your child access ELP after-school enriching care after ELP workshop 4:30-5:30 on Tuesday/Thursday and are not presently enrolled in ELP after-school enriching care, the cost remains a firm \$16 per child, \$11 per sibling(s) simply because you will be utilizing the program from 3:00 - 5:30.

Rates:

- \$10.00 per day: \$160 for 2x per week workshop for 8 weeks. (\$10.00 per day - Allows access to all families)
- \$13.00 per day: \$208 for 2x per week workshop for 8 weeks. (\$13.00 per day - Most accurately accounts for our per child operating costs.)
- \$16.00 per day: \$256 for 2x per week workshop for 8 weeks. (\$16.00 per day - Allows us to cover the true costs of our high-quality afterschool programming.)

2nd CHILD IS \$11 per day

Amount Enclosed: _____

- I have received a copy of the ELP Handbook or have read it online at <http://sites.google.com/site/anesuelp/>

Parent/Guardian Name (Please Print) _____

Parent/Guardian Signature: _____

Date: _____

Please Check One or Two Options Below:

- Move It & Groove It! (Grades K-6 Monday/Friday)**
- Monkton Radio Station! (Grades 2-6 Tuesday)**
- Yearbook! (Grades 5-6 Thursday UNTIL 5:00)**
- Yoga & Hiking! (Grades K-2 Thursday)**
- Yoga & Hiking! (Grades 3-6 Tuesday)**



2019-2020 Expanded Learning WORKSHOP Registration Form-Page 3 of 4

School: Monkton Central School

Student's Complete Name: _____

Date of Birth: _____ Gender: _____

Date of Enrollment: _____

Has your child participated in ELP before?
Yes or No

Student's Teacher: _____

Grade: _____

Parent/Guardian Information (Please print clearly):

Parent/Guardian 1 Full Name: _____

Home Phone: _____

Daytime Phone: _____

Address: _____

EMAIL: _____

Parent/Guardian 2 Full Name: _____

Home Phone: _____

Address: _____

EMAIL: _____

Health Information:

Please provide a description of your child's health history, current medications, allergies, special dietary requirements and other identified special need(s) including the use of an Epi-Pen and asthma action plan as it pertains to participation in ELP

Please attach any legal documentation necessary to define custodial rights or legal guardianship of the child if it is pertinent to the child's participation in ELP.

Emergency Contacts:

Emergency Contact 1: _____

Phone: _____

Emergency Contact 2: _____

Phone: _____

My child has received immunizations in accordance with the Vermont Recommended Immunization Schedule and an immunization record is on file with the school __ Yes __ No

I give the Expanded Learning Program permission to access the school's copy of my child's immunization record: Yes or No

Child's Healthcare Provider: _____

Phone: _____

Child's Dentist: _____

Phone: _____

I give ELP permission to administer emergency medical procedures including calling 911.
__ Yes or __ No

I give permission for my child to be given non-prescription medications and topical ointments by the ELP administrator.

__ Tylenol __ Ibuprophen __ Sunscreen

__ Bug Spray (May Contain Deet)

__ My child does NOT have permission to be given non-prescription medications or topical ointments.



2019-2020 ELP Registration Form-**WORKSHOP** Sign-up-Page 4 of 4

Session Number: ELP #2

Others: _____

Dates: January 22 - March 20

School: Monkton Central School

Child's Name: _____

Permissions:

Child's Teacher: _____ Grade: _____

My child has permission to travel on walking trips with ELP: Yes or No

Workshop choice: _____

_____ This is my child's first ELP SIGN-UP for this school year and I have completed a REGISTRATION FORM.

I, the undersigned, do hereby grant or deny permission to MAUSD Expanded Learning Program to use the image of my child,

Transportation:

_____, as marked by my selection(s) below. Such use includes the display, distribution, publication, transmission, or otherwise use of photographs, images, and or video taken of my child for use in materials that include, but may not be limited to, printed materials such as brochures and newsletters, videos, and digital images such as those on the MAUSD Expanded Learning Program website.

_____ My child will remain at the Expanded Learning **WORKSHOP** until 4:30 p.m. An adult authorized by me on this registration form will pick-up my child no later than 4:30p.m. (\$10 fee for late pick-up)

- Deny permission to use my child's image at all.
- Grant permission to use my child's image to be used in print, video, and digital media. I agree that these images may be used by MAUSD Expanded Learning Program for a variety of purposes and that these images may be used without further notifying me. I do understand that the child's last name will not be used in conjunction with any video or digital images.

_____ My child will attend the Expanded Learning **After School Program** at 4:30 p.m. Children who are currently enrolled in the Expanded Learning After School Program for the 2019-20 school year will be able to use this option.

Please list the full names and phone numbers of individuals who have your permission to pick-up your child from this program:

Name: _____

Phone Number: _____

Name: _____

Phone Number: _____

Special Considerations:

Does your child require any special considerations or additional support during program hours? If so, please indicate below so that we can provide for those needs: